

Personality Disorders and EMDR Workshop

October 11 - 12, 2018



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Personality Disorders are usually challenging for clinicians. Clients with this diagnosis often present high-risk behaviors, difficulties in self-regulation, impulsivity, and severe interpersonal relationships issues. Some clients, especially those with Borderline Personality Disorder, also present self-harming behaviors, suicidal ideation, and a risk and/or history of suicide attempts. Others, such as Antisocial Personality Disorder clients, present poor impulse control and aggressive reactions, which can be frightening for themselves and others, including clinicians.

Given the challenges presented by personality disorders and the strong affect that EMDR reprocessing may mobilize in our clients, clinicians must be able to recognize countertransference issues. Understanding these problems and how to manage them is crucial to avoid getting stuck during EMDR processing. Clinicians working with Personality Disorders need to be very attentive to what gets triggered in themselves to be able to see beyond the defensive responses in both client and therapist.

This workshop aims to help the participant understand Personality Disorders from the Adaptive Information Processing model perspective. Case conceptualization and target selection based on the different presentations will be addressed.



Continuing Education

This workshop has been approved for 12 EMDRIA credits.

EC Program Approval
Number: #13018-19

[Click here](#) for more details on the EMDRIA Credits.

Cost: \$365



Workshop Presenter Dolores Mosquera

Dolores Mosquera, is a psychologist and psychotherapist specializing in severe and complex trauma, personality disorders, and dissociation. She is an accredited EMDR Europe Trainer and supervisor. Dolores is the director of the Institute for the Study of Trauma and Personality Disorders (INTRA-TP) in A Coruña, Spain—a 3-clinic private institution initially founded in 2000 as LOGPSIC. She collaborates with two different Domestic Violence Programs, one focused on Women Victims of DV and another one on Males with Violent Behavior. She belongs to the Spanish National Network for the Assistance of Victims of Terrorism, and also collaborates with an organization aiding victims of emergencies, accidents, violent attacks, kidnapping, and other traumatic incidents.

Dolores has extensive teaching experience leading seminars, workshops, and lectures internationally. She has participated as a guest speaker in numerous conferences and workshops throughout Europe, Asia, Australia, and North, Central, and South America. She has published fifteen books and numerous articles on personality disorders, complex trauma, and dissociation, and is a recognized expert in this field. She also teaches in several Universities, and collaborates supervising Clinical Psychologists in postgraduate training programs in Spain. She received the David Servan-Schreiber award for outstanding contribution to EMDR and was made a Fellow of the International Society for the Study of Trauma and Dissociation in 2018 for her important contributions to the trauma and dissociation field.

Location St. John's Episcopal Church

170 North Glenwood Street
Jackson, WY 83001

(307) 733-2603

The church is located in the central downtown area. It is within walking distance to many hotels.

[Click here for directions](#)



Lodging Lexington at Jackson Hole

Hotel Lexington is offering a 10% discount to all registrants. Be sure to mention the EMDR training at booking for your savings.

[Click here for the hotel website](#)

Workshop Content

1. The relevance of the Adaptive Information Processing Model in Personality Disorders
 - a. What is adaptive and what is not as a guide for case conceptualization
2. Phase 1 in Personality Disorders
 - a. Distinctive features
 - b. Potential problems
3. Phase 2 in Personality Disorders
 - a. Identifying and addressing defenses
 - b. Enhancing *non-defensive* emotional regulation
4. Countertransference
 - a. Identification and management
5. Target selection and treatment plan
 - a. Understanding the different types of dysfunctional information
 - b. Targets related to idealization and dysfunctional positive affect
 - c. Getting from symptom to target and dealing with defenses
 - d. Case examples
6. Phases 3-7 in Personality Disorders
 - a. Distinctive features related to negative and positive cognitions
 - b. Identifying defensive cognitions
 - c. How to avoid chaotic and unproductive reprocessing sessions.
 - d. Specific issues during VOC installation
 - e. Case examples

For more information

To register, go to www.emdrpractice.com. For more information or questions, contact Jan Schaad at 307-630-4688 or e-mail jaqs2003@gmail.com.