

Presented by
Ripple Affect



Treating Dissociative Disorders with EMDR: The Progressive Approach

EMDR IA 12 CEC

Dolores Mosquera is a psychologist and psychotherapist specializing in severe and complex trauma, personality disorders, and dissociation. Dolores is the Director of the Institute for the Study of Trauma and Personality Disorders, INTRA-TP, in A Coruña, Spain—a 3-clinic private institution initially founded in 2000 as LOGPSIC. She collaborates with two different Domestic Violence Programs, one focused on Women Victims of Domestic Violence and another on Males with Violent Behavior. She belongs to the Spanish National Network for the Assistance of Victims of Terrorism, and also collaborates with an organization aiding victims of emergencies, accidents, violent attacks, kidnapping and other traumatic incidents.

Dolores has extensive teaching experience leading seminars, workshops, and lectures both nationally and internationally. She has published numerous books and articles on personality disorders, complex trauma, and dissociation, and is a recognized expert in this field. She also teaches in several Universities, and collaborates with supervising Clinical Psychologists in post-graduate training programs from all over Spain. She received the David Servan-Schreiber award for outstanding contributions to the EMDR (Eye Movement Desensitization and Processing) field in 2017, and was made a Fellow of the International Society for the Study of Trauma and Dissociation in 2018, for her important contributions to the trauma and dissociation field.

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When: March 14, 15 2020

Where: Coast Victoria
Hotel & Marina

146 Kingston Street
Victoria, BC Canada

Dolores Mosquera, PhD



Dr. Mosquera is an internationally respected clinician, author and lecturer. Her visionary approaches and prolific work have impacted and continue to transform the field of trauma treatment in psychotherapy.

Treating Dissociative Disorders with EMDR: The Progressive Approach

Presenter: Dolores Mosquera

After many early cautions about the potential dangers of using EMDR with individuals suffering from dissociative disorders, limited proposals have been offered for adapting EMDR procedures to this specific population. Based on these early cautions, EMDR is still considered by many clinicians as offering interventions that are limited to the treatment of traumatic memories in high functioning dissociative clients and only after a long preparation phase that depends on other treatment modalities. From this conceptualization, the use of EMDR is strongly limited and many survivors of severe traumatization are seen as unable to benefit from EMDR, if at all, only much later in the treatment process.

In this workshop, clinical case examples and video fragments will be used to illustrate interventions with EMDR for dissociative clients following the “Progressive Approach” (Gonzalez & Mosquera, 2012). Using this model, this workshop will demonstrate how EMDR clinicians can safely utilize a wide range of EMDR interventions from early in the preparatory phase of treatment for patients with dissociative disorders. Our aim is to provide a comprehensive model for applying EMDR therapy in the treatment of dissociative disorders, extending the AIP model to address the kinds of dysfunctionally stored information found in those with the most severe forms of traumatization and dissociative phobias. EMDR therapists will learn to integrate new interventions into their clinical work at different phases of treatment. In particular, they will learn to implement specific clinical interventions, based on ‘progressive protocols’ for dissociative disorders.

Key Program Content

1. EMDR therapy and managing dissociation, an expanded AIP model.
2. Managing dissociative phobias: identifying dissociative phobias and clinical strategies throughout different phases of treatment.
3. Empowering the client: working through the Adult Self with EMDR Therapy.
4. Understanding and exploring the internal system safely with Dissociative Disorders: clinical tools and interventions
The Tip of the Finger Strategy and other tools to reprocess trauma gradually and safely.

Learning objectives:

Participants will be able to describe three key aspects of the Progressive Approach model for dissociative clients from the EMDR perspective and the AIP model.

Participants will be able to identify three or more EMDR procedures for dissociative clients and link these to different phases of EMDR treatment.

Participants will be able to list examples of dissociative phobias and how to describe methods to work with them.

Participants will be able to explain three or more strategies for exploring the internal system safely in complex trauma cases.

Based on the book, “EMDR and Dissociation: the Progressive Approach” participants will be able to explain three procedures including when, where and how to apply these procedures in their clinical practice.

Participants will be able to list three or more subtle dissociative signals and explain how to adapt treatment pacing to these signals in each case.

Workshop Program

Day 1

09:00 am - 10:30 am: EMDR and dissociation: An extended AIP model.

10:30 am - 10:45 am: Coffee break

10:45 am - 12:15 pm: Dissociative Phobias: the maintenance of dissociation. How to identify dissociative phobias and work with them to reduce the conflict. Case examples

12:15 pm - 1:15 pm: Lunch

1:15 pm - 2:45 pm: The reprocessing dissociative phobias procedure. How to target dissociative phobias in different moments of therapy. Case examples.

2:45 pm - 3:00 pm: Coffee break

3:00 pm - 4:30 pm: Empowering the client: working through the Adult Self with EMDR Therapy. Case examples.

Day 2

09:00 am - 10:30 am: How to explore the internal system safely in Dissociative Disorders: adaptations and tools.

10:30 am - 10:45 am: Coffee break

10:45 am - 12:15pm: The meeting place procedure to explore the system and work with the conflict. Integrating the meeting place procedure with processing phobias.

12.15 pm - 1:15 pm: Lunch

1.15 pm - 2:45 pm: The Tip of the Finger Strategy. Case examples.

2:45 pm - 3:00 pm: Coffee break

3:00 pm - 4:30 pm: Other tools to process trauma gradually and safely. Case examples.

COURSE REGISTRATION

Treating Dissociative Disorders with EMDR: The Progressive Approach

*****12 EMDRIA CEC*****

EMDRIA REQUIRES COMPLETING THE COURSE IN ITS ENTIRETY. FOR THIS TRAINING, ATTENDANCE FROM 9:00AM-4:30PM ON MARCH 14 & 15, 2020.

FULL NAME: _____

REGISTERING BODY: _____

COMPLETED EMDR BASIC TRAINING? YES NO

IF YES, PLEASE PROVIDE DETAILS

EMAIL : _____ PHONE: _____

PREFERRED MAILING ADDRESS: _____

CITY: _____ STATE/PROVINCE: _____

NAME TAG INFORMATION:

NAME _____

ORGANIZATION _____

LOCATION _____

DO YOU HAVE ANY ALLERGIES? PLEASE SPECIFY.

PLEASE MAKE PAYMENT TO MICHELLE GAY. SEND REGISTRATION FORM AND PAYMENT TO:
MICHELLE GAY
923 SELKIRK AVENUE
VICTORIA BC
V9A 2T9

* A light lunch will be provided both days including light snacks during the breaks.

WORKSHOP FEES

PAYMENT OPTIONS: CHEQUE, BANK DRAFT, MONEY ORDER, E-TRANSFER

IF YOU ARE IN THE U.S, YOU MAY SEND CHEQUE OR MONEY ORDER or PAYPAL PLEASE CONTACT MICHELLE GAY AT MICHELLE_ARIPPLEAFFECT.COM BEFORE SUBMITTING PAYMENT FROM THE US.

EARLY BIRD UNTIL FEBRUARY 1, 2020

AFTER FEBRUARY 1, 2020

() \$425

() \$475

NOT FOR PROFIT RATE

EARLY BIRD UNTIL FEBRUARY 1, 2020

AFTER FEBRUARY 1, 2020

() \$375

() \$425

TOTAL ENCLOSED: \$ _____

PLEASE NOTE: Sponsor may cancel or postpone the workshop due to under-enrollment, presenter illness or inclement weather. Cancellations/Changes and Refunds: Fees for late arrivals, and early departures will not be refunded. 50 PERCENT REFUND Fees will be refunded, less a \$30.00 processing fee, if cancellation or change resulting in a refund is received in writing no later than February 15, 2020. After that date, fees are non-refundable but you can find someone else to take your spot. All refunds will be processed within 2 weeks after the workshop. \$25 fee charged on cheques returned by the bank due to insufficient funds. Check with sponsor about late registration.