



Dolores Mosquera: A Three Day EMDR Advanced Webinar on Dissociation

2020 Fall EMDR Workshop

Sept. 17-19, 2020
8 a.m. to 12 p.m.
Central Daylight Time

Treating Dissociative Disorders with EMDR: The Progressive Approach

Key Program Content

1. EMDR therapy and managing dissociation, an expanded AIP model.
2. Managing dissociative phobias: identifying dissociative phobias and clinical strategies throughout different phases of treatment.
3. Empowering the client: working through the Adult Self with EMDR Therapy.
4. Understanding and exploring the internal system safely with Dissociative Disorders: clinical tools and interventions.
5. The Tip of the Finger Strategy and other tools to reprocess trauma gradually and safely.

Working With Hostile Voices and Parts of the Personality in Complex Trauma and Dissociative Disorders

Key Program Content

1. Identify the internal system of dissociation and internal voices that are hostile and critical.
2. How to read the function and purpose behind the saboteur parts of self.
3. Using compassion and understanding to help deal with dissociative phobias within the internal system.
4. Skills to reduce impasses and resistance that may complicate or reduce the efficacy of the treatment.
5. Specific steps to organize the work with hostile parts and voices.



Dolores Mosquera,
Psychologist and
Psychotherapist

Meet Our Presenter

Dolores Mosquera is a psychologist and psychotherapist specializing in severe and complex trauma, personality disorders, and dissociation. She is an accredited EMDR Europe Trainer and supervisor. Dolores is the director of the Institute for the Study of Trauma and Personality Disorders (INTRA-TP) in A Coruña, Spain—a 3-clinic private institution initially founded in 2000. She is a member of the editorial board of the *European Journal of Trauma and Dissociation* a member of the *Journal of EMDR Practice and Research* and the co-editor of the European Society for the Study of Trauma and Dissociation's Newsletter.

Dolores has extensive teaching experience leading seminars, workshops, and lectures internationally. She has participated as a guest speaker in numerous conferences and workshops throughout Europe, Asia, Australia, and North, Central, and South America. She has published 16 books and numerous articles on personality disorders, complex trauma, and dissociation, and is a recognized expert in this field. She also teaches in several Universities, and collaborates supervising Clinical Psychologists in postgraduate training programs in Spain. She received the David Servan-Schreiber award for outstanding contributions to the EMDR (Eye Movement Desensitization and Processing) field in 2017, and was made a Fellow of the International Society for the Study of Trauma and Dissociation in 2018, for her important contributions to the trauma and dissociation field.

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